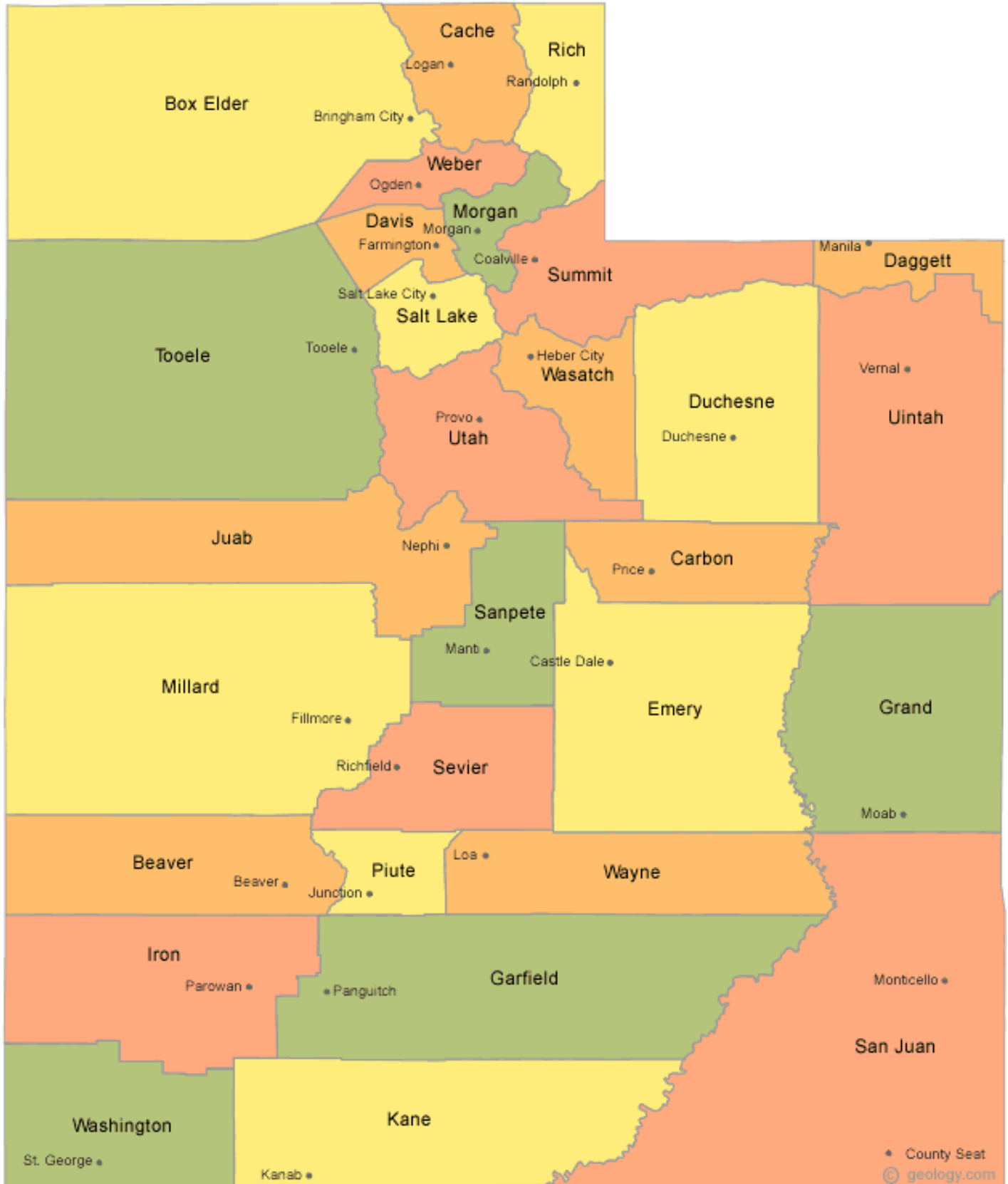




# Utah County Seat Challenge 2023-2026 Event Listings





## Utah County Seat Challenge 2023-2026 Event Listings



### Welcome to Utah!

The Utah County Seat Challenge is a continuation of the quest for folks to do a sanctioned volkssport event in each county in the US. The Woodland Wanderers, AVA-0915, is pleased to present Utah in all its small town glory. Utah has 29 counties. We have created a Year-Round Event in each county seat town (except St George as the Las Vegas Rollers and Strollers already have an event there).

Utah is pretty old. There was lots of conflict. Some history can be found at [https://en.wikipedia.org/wiki/History\\_of\\_Utah](https://en.wikipedia.org/wiki/History_of_Utah). Utah became the 45<sup>th</sup> state in the United States of America on January 4, 1896. Salt Lake City is the capital. For a general look at Utah information, check out these websites: <https://www.visitutah.com/>, <https://www.utah.com/>.

When doing these events, you must remember that most of them are really small towns. You will need to plan for bathrooms. Some of the towns don't even have a gas station. Heck, some don't even have a town hall!! All but one of the towns are over 3,500 feet above mean sea level so altitude can become an issue. Bring your own water. Use sunscreen liberally.

And don't forget to plan your trip with enough time to visit the many national parks that are ensconced within Utah: Zion National Park; Bryce Canyon National Park; Capitol Reef National Park; Canyonlands National Park; and, of course, Arches National Park. There are also a bunch of National Monuments that are great to visit as well. To get your plans going, see the information at <https://www.nps.gov/state/ut/index.htm>.

To make the quest easier, we have created a booklet to track your completion of events. Download your copy of the Challenge Booklet at <https://woodlandwanderers.org/Utah/UtahBook.pdf>. This file prints two copies on two pages front and back. You'll have to cut them in the middle, then assemble. When your quest is complete, scan it and email it to us and we will send you the reward. Haven't got that nailed down yet, but it will probably be a beehive patch or sticker similar to the picture at the top of this page.

There is no time limit to complete the events. I will sanction them for a minimum of three years. If you have signed up for all the events, just keep walking and let me know when you are done. Speaking of registration, all 29 events are only available for online registration at the Woodland Wanderers Online Event Registration System, located at <https://AZStrollers.org/Store/>, and is online 24x7. You need a valid email address to register on the site, then log in and sign up for each event. I also have a bundle for all 28 (St George is osb), and when you register for that (discounted price!!) I will immediately send you the completion prize.

For questions or comments, please send an email to [utah@woodlandwanderers.org](mailto:utah@woodlandwanderers.org).



# Utah County Seat Challenge 2023-2026 Event Listings



## Cities and Counties

### Alphabetical Short Description of each walk and county

All events are rated 2B because of elevation and winter  
Distances are 5K and 10K, with a couple of events having a longer distance  
Check the sanction for the latest information

#### Beaver, UT

##### Beaver County

Named for: Beaver River

County named for the abundance of beaver in the area

Websites:

[https://en.wikipedia.org/wiki/Beaver,\\_Utah](https://en.wikipedia.org/wiki/Beaver,_Utah)  
[https://en.wikipedia.org/wiki/Beaver\\_County,\\_Utah](https://en.wikipedia.org/wiki/Beaver_County,_Utah)  
<https://beaverutah.net/>  
<https://beaver.utah.gov/>

Elevation: 5,902 ft AMSL

GPS: 38.278347, -112.641765

Start is at the Beaver City Center, 30 E 300 North {Town Halls}. Parking all around the building.

#### Brigham City, UT

##### Box Elder County

Named for: Brigham Young

The county was named for the box elder trees that abound in the county

Websites:

[https://en.wikipedia.org/wiki/Brigham\\_City,\\_Utah](https://en.wikipedia.org/wiki/Brigham_City,_Utah)  
[https://en.wikipedia.org/wiki/Box\\_Elder\\_County,\\_Utah](https://en.wikipedia.org/wiki/Box_Elder_County,_Utah)  
<https://www.bcutah.org/>  
<https://www.boxeldercounty.org/>

Elevation: 4,436 ft AMSL

GPS: 41.511013, -112.015560

Start is the Brigham City Offices {Town Halls}, 20 N Main St. There is parking on the street or in the lot on the north by the police department.

#### Castle Dale, UT

##### Emery County

Named for: No information found.

Websites:

[https://en.wikipedia.org/wiki/Castle\\_Dale,\\_Utah](https://en.wikipedia.org/wiki/Castle_Dale,_Utah)  
[https://en.wikipedia.org/wiki/Emery\\_County,\\_Utah](https://en.wikipedia.org/wiki/Emery_County,_Utah)  
<https://www.visitcastledale.com/>  
<http://www.emerycounty.com/>

Elevation: 5,676 ft AMSL

GPS of the parking lot: 39.211156, -111.018277

Start point is the Castle Dale City Hall {Town Halls} at 20 South 100 East. Parking on the south side of the building.

#### Coalville, UT

##### Summit County

Named for: Coal

County named for: The summits of the mountains

Websites:

[https://en.wikipedia.org/wiki/Coalville,\\_Utah](https://en.wikipedia.org/wiki/Coalville,_Utah)  
[https://en.wikipedia.org/wiki/Summit\\_County,\\_Utah](https://en.wikipedia.org/wiki/Summit_County,_Utah)  
<http://www.coalvillecity.org/>  
<https://www.summitcounty.org/>

Elevation: 5,577 ft AMSL

GPS of start: 40.916791, -111.398697

The start is at the Coalville City Hall {Town Halls} at 10 N Main St. Diagonal parking in front.

#### Duchesne, UT

##### Duchesne County

(pronounced doo-SHAYN)

Named for: Duchesne River

County name: The holding theory is that it was named by fur trappers in the 1820s in honor of Mother Rose



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Philippine Duchesne, founder of the School of the Sacred Heart near St. Louis, Missouri, although other theories as to the name exist.

Websites:

[https://en.wikipedia.org/wiki/Duchesne,\\_Utah](https://en.wikipedia.org/wiki/Duchesne,_Utah)  
[https://en.wikipedia.org/wiki/Duchesne\\_County,\\_Utah](https://en.wikipedia.org/wiki/Duchesne_County,_Utah)  
<https://www.duchesnecity.com/index.php>  
<https://www.duchesne.utah.gov/>

Elevation: 5,518 ft AMSL

GPS: 40.162811, -110.392586

Start is at Duchesne City Hall {Town Halls} at 500 E Main St. Parking in front off Hwy 40.

### **Farmington, UT** **Davis County**

Named for: Farming

County named for: Capt Daniel C Davis from Nauvoo Legion

Websites:

[https://en.wikipedia.org/wiki/Farmington,\\_Utah](https://en.wikipedia.org/wiki/Farmington,_Utah)  
[https://en.wikipedia.org/wiki/Davis\\_County,\\_Utah](https://en.wikipedia.org/wiki/Davis_County,_Utah)  
<http://www.farmington.utah.gov/>  
<https://www.daviscountyutah.gov/>

Elevation: 4,304 ft AMSL

GPS: 40.978187, -111.887994

Start is at the Farmington City Hall {Town Halls} at 160 S Main St. Parking in the lot.

### **Fillmore, UT** **Millard County** (cute: Millard Fillmore) Utah's First Capital

City and County Named for: US President Millard Fillmore

Websites:

[https://en.wikipedia.org/wiki/Fillmore,\\_Utah](https://en.wikipedia.org/wiki/Fillmore,_Utah)  
[https://en.wikipedia.org/wiki/Millard\\_County,\\_Utah](https://en.wikipedia.org/wiki/Millard_County,_Utah)

<https://fillmorecity.org/>  
<https://millardcounty.org/>

Elevation: 5,135 ft AMSL

GPS of parking: 38.968587, -112.326402

Start is located at the Fillmore City Hall {Town Halls} at 75 W Center St behind the library. Parking is around the corner on S 100 West Rd at the front door of the library.

### **Heber City, UT** **Wasatch County**

Named for: the Mormon apostle Heber C. Kimball  
County named for: Ute word for "mountain pass"

Websites:

[https://en.wikipedia.org/wiki/Heber\\_City,\\_Utah](https://en.wikipedia.org/wiki/Heber_City,_Utah)  
[https://en.wikipedia.org/wiki/Wasatch\\_County,\\_Utah](https://en.wikipedia.org/wiki/Wasatch_County,_Utah)  
<https://www.heberut.gov/>  
<https://www.wasatch.utah.gov/>

Elevation: 5,604 ft AMSL

GPS of on street parking: 40.508968, -111.413958

The start is at the Heber City Offices {Town Halls} at 75 N Main St. Parking is at the side of the building on 100 North St or in the parking lot at the rear.

### **Junction, UT** **Piute County**

Named for: No information found for the city  
County named for Paiute Native Americans

Websites:

[https://en.wikipedia.org/wiki/Junction,\\_Utah](https://en.wikipedia.org/wiki/Junction,_Utah)  
[https://en.wikipedia.org/wiki/Piute\\_County,\\_Utah](https://en.wikipedia.org/wiki/Piute_County,_Utah)  
<http://www.piute.org/Junction.htm>  
<https://www.piuteutah.com/>

Elevation: 6,007 ft AMSL

GPS: 38.244637, -112.220412

Start is at the Piute County Courthouse, 550 N Main St. Parking is in front. It appears there is no city



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government, so the Town Halls Special Program does not apply here.

### **Kanab, UT** **Kane County**

Named for: Southern Paiute for "Willow"  
County named for: Thomas L Kane American attorney, abolitionist, philanthropist, and military officer

Websites:

[https://en.wikipedia.org/wiki/Kanab,\\_Utah](https://en.wikipedia.org/wiki/Kanab,_Utah)  
[https://en.wikipedia.org/wiki/Kane\\_County,\\_Utah](https://en.wikipedia.org/wiki/Kane_County,_Utah)  
<https://kanab.utah.gov/>  
<https://kane.utah.gov/>

Elevation: 4,970 ft AMSL  
GPS of parking: 37.048957, -112.524482  
Start is in the parking lot behind the City Offices {Town Halls}/Senior Center/Convention Center. Building address is 26 North 100 East St, but get to the parking lot around the corner on East 100 North St in the middle of the block. There is a small brown sign indicating the Convention Center and the Senior Center. If you do Airports and/or Border Crossings there is an 11.3K out and back that crosses into Arizona. It is on the main road, so extra caution is advised due to the speed of traffic.

### **Loa, UT** **Wayne County**

Named for: Mauna Loa  
County was named for Wayne County, Tennessee, itself named for Anthony Wayne

Websites:

[https://en.wikipedia.org/wiki/Loa,\\_Utah](https://en.wikipedia.org/wiki/Loa,_Utah)  
[https://en.wikipedia.org/wiki/Wayne\\_County,\\_Utah](https://en.wikipedia.org/wiki/Wayne_County,_Utah)  
No city website that I can find.  
<https://www.waynecountyutah.org/>

Elevation: 7,077 ft AMSL  
GPS: 38.402085, -111.643262

Start is at the Wayne County Courthouse, 18 S. Main St. Parking is around the corner on Center St. The Loa town hall {Town Halls} is just to the west at 80 W Center. Apparently it is the building with a 2-car garage and the tornado siren mounted on the top.

### **Logan, Utah** **Cache County**

Named for: Ephraim Logan, an early trapper  
County named for the Fur Trade

Websites:

[https://en.wikipedia.org/wiki/Logan,\\_Utah](https://en.wikipedia.org/wiki/Logan,_Utah)  
[https://en.wikipedia.org/wiki/Cache\\_County,\\_Utah](https://en.wikipedia.org/wiki/Cache_County,_Utah)  
<https://www.loganutah.org/>  
<https://www.cachecounty.org/>

Elevation: 7,077 ft AMSL  
GPS of parking: 41.736267, -111.837256  
Start is the Logan City Hall {Town Halls} at 290 North 100 West. Parking is to the south (right as you are facing the entrance).

### **Manila, UT** **Daggett County**

Named for: Manila, capital of the Philippines  
County named for: Ellsworth Daggett, Chief Justice of the Supreme Court of Connecticut and Kent Professor of Law in Yale College

Websites:

[https://en.wikipedia.org/wiki/Manila,\\_Utah](https://en.wikipedia.org/wiki/Manila,_Utah)  
[https://en.wikipedia.org/wiki/Daggett\\_County,\\_Utah](https://en.wikipedia.org/wiki/Daggett_County,_Utah)  
<https://www.manilautah.com/>  
<https://www.daggettcounty.org/>

Elevation: 6,348 ft AMSL  
GPS: 40.988559, -109.719632  
Start is at the Town of Manila {Town Halls} at 145 Hwy UT-43. Parking on the side. One 5K is {Border Crossings} into Wyoming.



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## Manti, UT

### Sanpete County

Named for: A city in the Book of Mormon  
County named for Chief Sanpitch, a leader of the Sanpits tribe of Native Americans

Websites:

[https://en.wikipedia.org/wiki/Manti,\\_Utah](https://en.wikipedia.org/wiki/Manti,_Utah)  
[https://en.wikipedia.org/wiki/Sanpete\\_County,\\_Utah](https://en.wikipedia.org/wiki/Sanpete_County,_Utah)  
<https://www.manticity.com/>  
<https://www.sanpete.com/>

Elevation: 5,610 ft AMSL

GPS of parking: 39.264544, -111.637853

Start is at the Manti City Hall {Town Halls} at 55 S Main St. Parking is in the rear, accessed off Union on the west side of the Utah National Guard Armory. Facing the Armory turn right to Main St. Turn LEFT on Main St.

## Moab, UT

### Grand County

Named for: Kingdom of Moab, 13 century BC to 400 BC  
County named for the Grand River (now the Colorado River)

Websites:

[https://en.wikipedia.org/wiki/Moab,\\_Utah](https://en.wikipedia.org/wiki/Moab,_Utah)  
[https://en.wikipedia.org/wiki/Grand\\_County,\\_Utah](https://en.wikipedia.org/wiki/Grand_County,_Utah)  
<https://moabcity.org/>  
<https://www.grandcountyutah.net/>

Elevation: 4,026 ft AMSL

GPS: 38.573370, -109.547128

Start is at the City of Moab {Town Halls} at 217 E Center St. Parking is diagonal on the street.

## Monticello, UT

### San Juan County

Named for: Monticello, residence of Thomas Jefferson, located near Charlottesville, VA  
County named for San Juan River

Websites:

[https://en.wikipedia.org/wiki/Monticello,\\_Utah](https://en.wikipedia.org/wiki/Monticello,_Utah)  
[https://en.wikipedia.org/wiki/San\\_Juan\\_County,\\_Utah](https://en.wikipedia.org/wiki/San_Juan_County,_Utah)  
<https://www.monticelloutah.org/>  
<https://sanjuancounty.org/>

Elevation: 6,966 Ft AMSL

GPS: 37.872821, -109.341072

Start is at the Monticello City Offices {Town Halls} at 7 North 100 East. Parking right there on the street.

## Morgan, Utah

### Morgan County

Both Named for: Jedediah Morgan Grant

Websites:

[https://en.wikipedia.org/wiki/Morgan,\\_Utah](https://en.wikipedia.org/wiki/Morgan,_Utah)  
[https://en.wikipedia.org/wiki/Morgan\\_County,\\_Utah](https://en.wikipedia.org/wiki/Morgan_County,_Utah)  
<https://morgancityut.org/>  
<https://www.morgancountyutah.gov/>

Elevation: 5,069 ft AMSL

GPS: 41.035638, -111.678761

Start is the Morgan City Hall {Town Halls} at 90 W Young St. Parking on the street.

## Nephi, UT (pronounced NEE-fy)

### Juab County (pronounced JOO-ab)

Named for: Nephi, son of Lehi, from the Book of Mormon

County named for Ute word for "valley"

Websites:

[https://en.wikipedia.org/wiki/Nephi,\\_Utah](https://en.wikipedia.org/wiki/Nephi,_Utah)  
[https://en.wikipedia.org/wiki/Juab\\_County,\\_Utah](https://en.wikipedia.org/wiki/Juab_County,_Utah)  
<https://nephi.utah.gov/>  
<https://juabcounty.gov/>

Elevation: 5,128 ft AMSL

GPS of Parking: 39.710308, -111.834953

Start is at the Nephi City Offices {Town Halls} at 21 East 100 North. Parking is in the lot to the east by the Fire





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Department.

## Ogden, UT Weber County

Named for: brigade leader of the Hudson's Bay Company, Peter Skene Ogden  
County named for: Weber River

Websites:

[https://en.wikipedia.org/wiki/Ogden,\\_Utah](https://en.wikipedia.org/wiki/Ogden,_Utah)  
[https://en.wikipedia.org/wiki/Weber\\_County,\\_Utah](https://en.wikipedia.org/wiki/Weber_County,_Utah)  
<https://www.ogdencity.com/>  
<https://www.webercountyutah.gov/>

Elevation: 4,300 ft AMSL

GPS of Parking: 41.214701, -111.974781

Start at Marshal White Park, 222 28 St. Parking around the park. Chose this because of the expense of parking downtown.

## Panguitch, UT Garfield County

Named for: Southern Paiute for "Big Fish"  
County named for James A Garfield, the 20th president of the US

Websites:

[https://en.wikipedia.org/wiki/Panguitch,\\_Utah](https://en.wikipedia.org/wiki/Panguitch,_Utah)  
[https://en.wikipedia.org/wiki/Garfield\\_County,\\_Utah](https://en.wikipedia.org/wiki/Garfield_County,_Utah)  
<https://panguitch.com/>  
<https://www.garfield.utah.gov/>

Elevation: 6,624 ft AMSL

GPS: 37.822520, -112.431685

Start at Panguitch City Offices {Town Halls} at 25 South 200 East. Parking in front of the building.

## Parowan, UT Iron County

Named for: No information found  
County named for: Iron Mines

Websites:

[https://en.wikipedia.org/wiki/Parowan,\\_Utah](https://en.wikipedia.org/wiki/Parowan,_Utah)  
[https://en.wikipedia.org/wiki/Iron\\_County,\\_Utah](https://en.wikipedia.org/wiki/Iron_County,_Utah)  
<https://www.parowan.org/>  
<https://www.ironcounty.net/>

Elevation: 6,017 ft AMSL

GPS: 37.844969, -112.826767

Start is at the Parowan City Office {Town Halls} at 35 East 100 North. Parking is behind the building.

## Price, UT Carbon County

Named for: Bishop William Price  
County named for Abundant coal deposits

Websites:

[https://en.wikipedia.org/wiki/Price,\\_Utah](https://en.wikipedia.org/wiki/Price,_Utah)  
[https://en.wikipedia.org/wiki/Carbon\\_County,\\_Utah](https://en.wikipedia.org/wiki/Carbon_County,_Utah)  
<https://www.pricecityutah.com/>  
<https://www.carbonutah.com/>

Elevation: 5,627 ft AMSL

GPS: 39.599622, -110.807962

Start is at the Price City Hall {Town Halls} at 185 E. Main St. Parking on the street.

## Provo, UT Utah County

Named for: Étienne Provost  
County name derived from the valley name, which derived from the Spanish name (Yuta) for the Ute Indian tribe

Websites:

[https://en.wikipedia.org/wiki/Provo,\\_Utah](https://en.wikipedia.org/wiki/Provo,_Utah)  
[https://en.wikipedia.org/wiki/Utah\\_County,\\_Utah](https://en.wikipedia.org/wiki/Utah_County,_Utah)  
<https://www.provo.org/>  
<https://www.utahcounty.gov/>

Elevation: 4,551 ft AMSL

GPS of parking lot: 40.234363, -111.668141



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Start at the Fresh Market, 560 W Center St. This is to avoid the fees for parking right downtown, so be nice.

### Randolph, UT Rich County

Named for: A group of settlers led by Randolph H Stewart

County named for: Apostle Charles C Rich

Websites:

[https://en.wikipedia.org/wiki/Randolph,\\_Utah](https://en.wikipedia.org/wiki/Randolph,_Utah)  
[https://en.wikipedia.org/wiki/Rich\\_County,\\_Utah](https://en.wikipedia.org/wiki/Rich_County,_Utah)  
<http://www.townofrandolph.org/>  
<https://www.richcountyut.org/>

Elevation: 6,283 ft AMSL

GPS: 41.665322, -111.184806

Start is at the Rich County Courthouse, 20 S. Main St.

Parking in the front or around the corner on Church St.

### Richfield, UT Sevier County

(pronounced Severe)

Named for: Rich fields of wheat

County named for Sevier River, the name of the river is derived from the Spanish Río Severo, "violent river"

Websites:

[https://en.wikipedia.org/wiki/Richfield,\\_Utah](https://en.wikipedia.org/wiki/Richfield,_Utah)  
[https://en.wikipedia.org/wiki/Sevier\\_County,\\_Utah](https://en.wikipedia.org/wiki/Sevier_County,_Utah)  
<https://richfieldcity.com/>  
<https://www.sevierutah.net/>

Elevation: 5,354 ft AMSL

GPS: 38.768341, -112.083898

Start at the Richfield City Center {Town Halls} at 75 E Center St. Parking on the side of the building.

### Salt Lake City, Utah Salt Lake County

City and County Named for: Great Salt Lake

Websites:

[https://en.wikipedia.org/wiki/Salt\\_Lake\\_City](https://en.wikipedia.org/wiki/Salt_Lake_City)  
[https://en.wikipedia.org/wiki/Salt\\_Lake\\_County,\\_Utah](https://en.wikipedia.org/wiki/Salt_Lake_County,_Utah)  
<https://www.slc.gov/>  
<https://slco.org/>

Elevation: 4,226 ft AMSL

GPS: 40.759180, -111.897195

Start is at the Crystal Inn Hotel & Suites, 230 W 500 South; Salt Lake City, UT. Parking in the lot. This is the Utah state capital event.

### St George, UT Washington County

(cute - St George Washington!)

Named for: George A Smith, an LDS Church apostle

County named for: George Washington

Websites:

[https://en.wikipedia.org/wiki/St.\\_George,\\_Utah](https://en.wikipedia.org/wiki/St._George,_Utah)  
[https://en.wikipedia.org/wiki/Washington\\_County,\\_Utah](https://en.wikipedia.org/wiki/Washington_County,_Utah)  
<https://www.sgcity.org/>  
<https://www.washco.utah.gov/>

Rating: 1A

Elevation: 2,700 ft AMSL

GPS: So, here we have an issue. This event is sanctioned by the Las Vegas Rollers and Strollers. They have chosen to use the osb, which means the start location is hidden, because . . . well, just because. Thus, I cannot tell you where the start is located or where to park. It also means you will have to pay more for this event, because both the walkers and clubs get screwed money wise by the osb.

### Tooele, UT Tooele County

Named for (speculation): the Goshute Shoshone word for "Black Bear"

Websites:





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[https://en.wikipedia.org/wiki/Tooele,\\_Utah](https://en.wikipedia.org/wiki/Tooele,_Utah)  
[https://en.wikipedia.org/wiki/Tooele\\_County,\\_Utah](https://en.wikipedia.org/wiki/Tooele_County,_Utah)  
<https://tooelecity.org/>  
<https://tooeleco.org/>

Elevation: 5,050 ft AMSL

GPS: 40.532245, -112.297582

Start is at the Tooele City Corporation {Town Halls} at 90 N Main St. Parking is behind the building, can be reached off Garden St or from Main St.

## **Vernal, UT** **Uintah County**

Named for: Vernal, pertaining to spring

County named for: the portion of the Ute Indian tribe

that lived in the basin

Websites:

[https://en.wikipedia.org/wiki/Vernal,\\_Utah](https://en.wikipedia.org/wiki/Vernal,_Utah)  
[https://en.wikipedia.org/wiki/Uintah\\_County,\\_Utah](https://en.wikipedia.org/wiki/Uintah_County,_Utah)  
<https://www.vernalcity.org/>  
<https://co.uintah.ut.us/>

Elevation: 5,328 ft AMSL

GPS: 40.455532, -109.522106

Start is at the Vernal City Hall {Town Halls} at 374 E Main St. Parking is on the east side of the building or behind.



# Utah County Seat Challenge 2023-2026 Event Listings



## Brochure General Information

**ELIGIBILITY:** All events are open to the public. There is a \$3 registration fee, there are NO free walkers.

**REGISTRATION:** Registration for all events is online at <https://AZStrollers.org/Store/>.

**IVV ACHIEVEMENT AWARDS:** Each event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV) and counts towards the acquisition of IVV achievement awards.

**DISCLAIMER:** The sponsors are not liable for accidents, theft and/or material damage. Every effort will be made to make these events safe, enjoyable, and memorable. The information in this brochure was accurate at the time of preparation. However, changes do occur. Please check the AVA listing for each event to confirm the latest information.

**AWARD:** These are IVV credit-only events.

**TRAIL:** Utah is relatively flat. The trails are on sidewalks, side of the road, and nature trails. Strollers or wheelchairs are welcomed with varying levels of difficulty. Carrying water and using sunscreen is highly recommended. Please check city/county fire bans before smoking. There are no restrooms at the start. Some towns have no public restrooms, so plan carefully.

**RV PARKING:** Check the AVA event listing to see if I have identified possible RV parking near the start or on the trail. The few large cities will probably require TOAD access.



**AMERICA'S  
WALKING CLUB**  
— ESTABLISHED 1976 —

**SANCTIONED EVENT**  
Eligible for credit towards IVV Achievement Awards

